

# Practise food safety

Even in **areas**  
**experiencing outbreaks**,  
meat products can be  
safely consumed if these  
items are **cooked**  
**thoroughly and**  
**properly handled** during  
food preparation.



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# Practise food safety

Sick animals and  
animals that  
have died of  
diseases **should  
not be eaten**



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# Practise food safety

Use different **chopping boards and knives** for raw meat and cooked foods



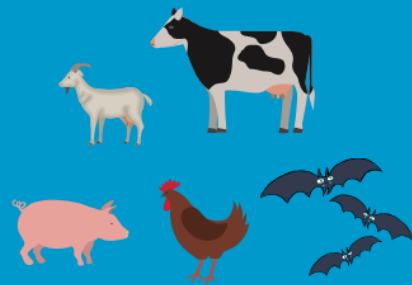
**Wash your hands** between handling raw and cooked food.



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# Protect yourself from getting sick

Avoid unprotected  
contact with sick  
people (including  
touching one's  
eyes, nose or  
mouth) and with  
live farm or wild  
animals



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# Protect others from getting sick

**Cover mouth and nose** with tissue, sleeve or elbow when coughing or sneezing



**Throw tissue into closed bin** after use

**Clean hands** after coughing or sneezing and when caring for the sick



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# Reduce your risk of **coronavirus** infection:



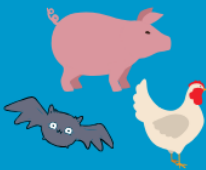
Clean hands with soap and water  
or alcohol-based hand rub

Cover nose and mouth when coughing and  
sneezing with tissue or flexed elbow



Avoid close contact with anyone with  
cold or flu-like symptoms

Thoroughly cook meat and eggs



Avoid unprotected contact with live  
wild or farm animals



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Protect yourself and others from getting sick

## Wash your hands



- after coughing or sneezing
- when caring for the sick
- before, during and after you prepare food
- before eating
- after toilet use
- when hands are visibly dirty
- after handling animals or animal waste



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# Wash your hands

Wash your hands with soap and running water when **hands are visibly dirty**



If your **hands are not visibly dirty**, wash them with soap and water or use an alcohol-based hand cleanser

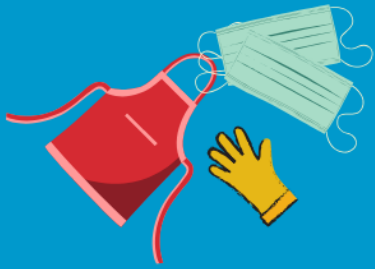


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# Working in wet markets?

## Stay healthy!



**Wear protective gowns, gloves and facial protection** while handling animals and animal products

**Remove protective clothing after work,** wash daily and leave at the work site



**Avoid exposing family members** to soiled work clothing and shoes



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# Working in wet markets?

## Stay healthy!



Frequently **wash your hands** with soap and water after touching animals and animal products

**Disinfect equipment and working area** at least once a day



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# Shopping in wet markets?

## Stay healthy!

**Wash hands** with soap and water after touching animals and animal products



**Avoid touching eyes, nose and mouth**

**Avoid contact with sick animals and spoiled meat**



**Avoid contact with stray animals, waste and fluids in market**



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